

Having Our Say

The newsletter of SaySo, Strong Able Youth Speaking Out

Volume 10 Number 6 (11/09)

Become a Member!

If you are interested in joining **SaySo**, let us know! E-mail or write us with the following information: your name, birth date, and address (including e-mail), region and the kind of out-of-home placement you are or have been in.

Contact Information

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2009 Make A Difference Day

A Great Big **THANK YOU** for helping to make the 2009 "Give a Child a Smile" Suitcase Project a huge success! We collected nearly 1,000 new or gently used duffle bags & suitcases. We are grateful to everyone who volunteered and for all the support we received across the state! Your efforts are already making a difference to the lives of foster youth!



SAVE THE DATE

Link-Up – January 23, 2010 Halifax County, NC

SaySo Saturday – March 6, 2010 Guilford Technical
Community College, Jamestown

SaySo Survivor – May 14-16, 2010 Camp Chestnut Ridge

SaySo Page Week – May 23-28, 2010 Raleigh, NC

**Contact Lauren at sayso@ilrinc.com or 800-820-0001 for applications for
SaySo Page Week**

Make sure to keep checking the website for REGISTRATION FORMS and UPDATES! Information will also be on our new Facebook Group Page. You will know it is the OFFICIAL page when you see a picture of our Board of Directors. Everyone is invited to join the group however your settings must all be private where only your friends can see your Facebook page. If you need help with this, contact Lauren at sayso@ilrinc.org & she will help you with your settings. We look forward to seeing your smiling face on Facebook!

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TOP TEN – Favorite Thanksgiving Foods



10. Cranberry Jelly
9. Sweet potatoes
8. Ham
7. Corn
6. Green bean casserole
5. Pumpkin pie
4. Mashed potatoes
3. Stuffing/dressing
2. Gravy
1. Turkey!



**HAPPY THANKSGIVING
TO YOU FROM SAYSO!**

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Spotlight on SaySo Board of Directors

For the next few months we will publish an article written by one of your elected 2009-2010 Board of Directors. The Board of Directors is elected every year in March at SaySo Saturday. This month the spotlight is on Marcella M. & here is her article. *"For me, being a board member is a life changing experience. As a board member I am in the position of being able to help and support other foster youth like myself. All the activities we hold for foster youth are very important simply because of the involvement of supporters and the care of all my fellow board members. I enjoy the experience of meeting other foster youth and being able to share with them my struggles and my strives to where I am now. Over all being a board member has drastically changed my life in a positive way in which I am living right now. I hope that one day someone can share my experiences as a board member."*



HELP RAISE \$\$\$ FOR SAYSO!



We are continuing to add more supporters to our Food Lion MVP program. It is easy to do. Each time you shop at Food Lion and use your MVP card, a portion of your total grocery purchase will be donated to SaySo. You can register MVP cards on our website under "Be Involved". The MVP Card number is 12 numbers. An example is below: MVP Card # 4-61667-56572-9.

